GUSTAVO BUSCH JUSTINO

EARLY INITIATION OF PCSK9 INHIBITOR THERAPY VERSUS PLACEBO IN PATIENTS WITH ACUTE CORONARY SYNDROME: A SYSTEMATIC REVIEW AND META-ANALYSIS

Trabalho apresentado à Universidade Federalde Santa Catarina, como requisito para a conclusão do Curso de Graduação em Medicina.

Florianópolis

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Presidente do Colegiado: Prof. Dr. Edevard José de Araújo Professora Orientadora: Profa. Dra. Ana Luiza Curi Hallal

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DEDICATÓRIA

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Early Initiation of PCSK9 Inhibitor Therapy versus Placebo in Patients with Acute Coronary Syndrome: A Systematic Review and Meta-Analysis

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ABSTRACT

In patients with stable atherosclerotic cardiovascular disease, PCSK9 inhibitors (PCSK9i) have shown a 50-60% reduction in LDL-C from baseline, added to high-intensity statin therapy. However, less is known about the impact of PCSK9i in the setting of an acute coronary syndrome (ACS). Therefore, we performed a systematic review and meta-analysis comparing PCSK9i with placebo in the setting of ACS, added to guideline directed high-intensity or maximally tolerated statin therapy. We included randomized controlled trials (RCTs) with initiation of PCSK9i or placebo within 1 week of presentation or percutaneous coronary intervention for ACS. PubMed, EMBASE, and Cochrane Central were searched. This study followed Cochrane and PRISMA recommendations. Six RCTs were included, totalizing 996 patients of whom 503 (50.5%) received PCSK9i. Mean follow-up ranged from 4 to 52 weeks. LDL-C (MD -44 mg/dL; CI -54.3 to -33.8; p<0.001) and Lp(a) levels (MD -24.0 nmol/L; CI -43.0 to -4.9; p=0.01) were significantly lower at follow-up with PCSK9i. Similarly, total cholesterol (MD -49.2 mg/dL; CI -59 to -39.3), triglycerides (MD -19 mg/dL; CI -29.9 to -8.2) and Apo B (MD -33.3 mg/dL; CI -44.4 to -22.1) were significantly reduced with PCSK9i. In conclusion, in patients with ACS, early initiation of PCSK9i, added to statin, significantly reduces LDL-C and Lp(a) as compared with placebo. Whether the differences in these atherogenic lipoproteins translate into a reduction in clinical endpoints is yet to be determined. Patients with acute coronary syndromes (ACS) are at high risk for recurrent ischemic events in the early stages after the index event, leading to a 20% increase in the recurrence rate within 3 years.^{1,2} Previous randomized trials have shown that early lipid-lowering therapy with high intensity statin rapidly reduces recurrent atherosclerotic events.^{3–5} The European Society of Cardiology (ESC) Guidelines recommend lowering low-density lipoprotein cholesterol (LDL-C) levels to <55 mg/dL and $\le50\%$ from baseline, whereas the American Heart Association/American College of Cardiology (AHA/ACC) recommends lowering LDL-C levels to <70 mg/dL and $\le 50\%$ from baseline.^{6–8} This should happen in a stepwise approach that includes maximally-tolerated statin therapy and, if needed, non-statin therapy, including proprotein convertase subtilisin/kexin 9 inhibitors.^{6–8} Recently, the ACC Expert Consensus stated that adults with clinical atherosclerotic cardiovascular disease (ASCVD) at very high risk on statin regimen should aim LDL-C levels <55 mg/dL.⁹ In patients with stable atherosclerotic disease, evolocumab significantly reduced the risk of any coronary revascularization by 22% and complex revascularizations by 29%, as compared with placebo, over a median follow-up of 2.2 years.^{10,11} In patients with a history of ACS within the prior 1 to 12 months (median 2.6 [1.7-4.4] months) of trial enrolment, there was a significant 15% reduction in the risk of major cardiovascular events among those treated with alirocumab in the ODYSSEY OUTCOMES trial.¹² Less is known, however, about the use of PCSK9 inhibitors in patients soon after a presentation with ACS. There is some evidence of greater plaque regression in patients treated with PCSK9 inhibitors immediately after a presentation with ACS.^{13,14} Recent randomized controlled trials have investigated the role of PCSK9i administration in the acute setting of ACS. Therefore, we aimed to perform a systematic review and meta-analysis comparing the impact of PCSK9i and statin therapy on atherogenic lipoprotein levels with statin monotherapy in patients presenting with ACS.

METHODS

We systematically searched Embase, Cochrane Central Register of Controlled Trials (CENTRAL), and PubMed from inception to January 12, 2023, for studies published in English with the following medical subject heading terms: 'acute coronary syndrome', 'ACS', 'proprotein convertase subtilisin/kexin type 9 inhibitor', 'PCSK9 inhibitor', 'alirocumab', 'evolucumab', 'angiography', 'postinfarction', 'percutaneous coronary intervention' and 'PCI'. Additionally, we evaluated the references of included trials for additional studies and contacted authors for unpublished data. We performed the systematic review and meta-analysis in agreement with the recommendations from the Cochrane Collaboration and the Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) statement guidelines.^{15,16} This study is registered with PROSPERO (CRD42022364868).

We included studies that met the following criteria: (1) randomized controlled trials (RCTs) comparing PCSK9i with placebo; in (2) patients presenting with ACS; (3) with initiation of PCSK9i therapy within 1 week of presentation for PCI or ACS; and (4) reporting any of the outcomes of interest - serum levels of LDL-C, Lp(a), HDL-C, triglycerides, total cholesterol and apolipoprotein B (Apo B). We excluded nonrandomized studies and studies that administered the first dose of PCSK9i or placebo more than 1 week after ACS presentation or PCI.

Two authors (G.B.J. and L.B.J.) independently extracted relevant data following predetermined methods of search, quality assessment and data extraction. Disagreements were resolved by consensus between authors (G.B.J., L.B.J. and M.E.M.).

Risk of bias and quality assessment of individual studies were analyzed with the Cochrane Collaboration's tool for assessing risk of bias in randomized trials (RoB 2).¹⁵ The RoB2 tool ranks RCTs as high, low, or unclear risk of bias based on five domains: selection, performance, detection, attrition, and reporting biases. Funnel plots of individual study weights against point estimates were used to check for evidence of publication bias.

Treatment effects were compared using pooled odds-ratios (ORs) and mean differences (MDs) with 95% confidence intervals (CIs) for dichotomous and continuous endpoints, respectively. We evaluated heterogeneity with Cochran Q test and I² statistics; P values inferior to 0.10 and I²>25% were considered significant for heterogeneity. We used a fixed-effect model for endpoints with I²<25% (low heterogeneity). DerSimonian and Laird random-effects model was assessed in pooled outcomes with high heterogeneity. P values of <0.05 were considered statistically significant. Statistics were analyzed with Review Manager 5.4 (Nordic Cochrane Centre, The Cochrane Collaboration).

RESULTS

As described in Figure 1, our initial search strategy yielded 1,260 results. After exclusion of duplicate records and studies based on title and abstract, 24 trials were thoroughly reviewed for the inclusion and exclusion criteria. Finally, 996 patients from 6 RCTs were included in the systematic review and meta-analysis, of whom 503 (50.5%) received PCSK9i therapy.^{13,14,17–20} Characteristics of each study are detailed in Table 1. Among the intervention group, 317 (63%) participants received evolocumab and 186 (37%) received alirocumab. Mean time from presentation to administration of first dose ranged from 3.6 hours to 6.5 days.

After a mean follow-up ranging from 4 to 52 weeks, LDL-C was significantly lower in those who received an early administration of PCSK9i compared with placebo (MD -44.0 mg/dL; 95% CI -54.3 to -33.8 mg/dL; p<0.001; Figure 2A). The percent change of this lipoprotein from baseline was significantly greater in patients who received PCSK9i therapy relative to placebo (MD -38.0%; 95% CI -46.5 to -29.7%; p<0.001; Figure 2B). Lp(a) levels

were also significantly reduced in those who received either evolocumab or alirocumab therapy (MD -24.0 nmol/L; 95% CI -43.0 to -4.9 nmol/L; p=0.01; Figure 2C). Similarly, serum levels of total cholesterol (MD -49.2 mg/dL; 95% CI -59 to -39.3 mg/dL; p<0.001; Figure 3A), triglycerides (MD -19.0 mg/dL; 95% CI -29.9 to -8.2 mg/dL; p<0.001; Figure 3B) and Apo B (MD -33.3 mg/dL; 95% CI -44.4 to -22.1 mg/dL; p<0.001; Figure 3C) were significantly lower at follow-up in the intervention group as compared with control. HDL cholesterol levels were marginally higher in patients treated with PCSK9i therapy (MD 2.5 mg/dL; 95% CI 0.9 to 4.2 mg/dL; p=0.003; Figure 3D).

The proportion of patients who achieved an LDL-C <55 mg/dL and <70 mg/dL was 91% and 96%, respectively, for patients treated with PCSK9i therapy, as compared with 20% and 44%, respectively, of those in the placebo group (Figures 3E and 3F).

Adverse events of any cause happened in 44% of the participants treated with PCSK9i and in 48% of those in the placebo group, with no statistical significance (OR 0.85; 95% CI 0.64 to 1.13; p=0.27; Figure 4). Myalgia and local injection site reactions were the most common reported adverse events, accounting for 5.6% and 3.9% of cases in the PCSK9i and placebo groups, respectively.

Quality appraisal of each RCT is detailed in eTable 1 in the Supplement. Overall, studies were classified as low for the risk of bias. Albeit restricted by the small number of trials, funnel plot analysis indicated no evidence of publication bias (eFigure 2 in the Supplement). We performed sensitivity analyses by systematically excluding each study from the pooled outcomes, which showed consistency among results.

DISCUSSION

In this systematic review and meta-analysis of six studies and 996 patients, we compared early administration of PCSK9i with placebo in patients presenting with ACS. The

main findings were as follows: (1) the levels of LDL-C were reduced by approximately 45 mg/dL among those who received an early administration of PCSK9i compared with placebo (75.5% vs. 39.0%, respectively; MD -44.0 mg/dL; p<0.001); (2) Lp(a) levels were significantly lower in participants treated with either alirocumab or evolocumab therapy over a follow-up period of 4 to 52 weeks (MD -24.0 nmol/L; 95% CI -43.0 to -4.9 nmol/L; p=0.01); (3) this improvement was also observed for total cholesterol, and triglycerides levels (p<0.01); and (4) patients receiving PCSK9i therapy exhibited slightly higher levels of serum HDL cholesterol.

Individuals presenting with ACS are at an increased risk of recurrent cardiovascular events. Multisociety European and American guidelines on prevention and lipid management recommend high-statin therapy (or maximally-tolerated statin) to achieve strict LDL-C goals after ACS (\leq 50% from baseline and <55 mg/dL or <70 mg/dL).⁶⁻⁹ If this level is not achieved in up to 6 weeks despite maximally tolerated statin therapy, additional lipid lowering therapy should be added, which now includes a gamut of options for oral and injectable medications. Despite these recommendations, it is well known that reaching optimal levels of LDL-C remains challenging in these very-high-risk patients, which delays the benefits of secondary prevention.² PCSK9i reduce mortality in patients with a history of ACS, when initiated 1-12 months after an ACS for patients with LDL-C \geq 70 mg/dL.^{12,21} Therefore, an early administration of PCSK9i within 4 weeks of an ACS may help to achieve guideline LDL-C goals quicker and ultimately reduce recurrent cardiovascular events in this population, although the latter remains to be determined.

PCSK9 inhibitors have also been shown to reduce percent atheroma volume relative to placebo in patients with stable coronary artery disease and in those with acute myocardial infarction.^{13,22} PACMAN-AMI evaluated the effects of biweekly administration of alirocumab added to rosuvastatin compared with statin therapy alone on coronary plaque composition,

evolution and phenotype, among patients with acute myocardial infarction.¹³ Alirocumab was administered within 24 hours of PCI of the culprit lesion. There was a statistically significant reduction in mean percent atheroma volume in the alirocumab group from baseline to week 52 (-2.13% vs. -0.92%; p<0.001). This reduction was greater than the one achieved by the GLAGOV trial, which enrolled patients with stable CAD (0.05% vs. -0.95%; p<0.001).²² Moreover, in PACMAN-AMI, maximum lipid core burden index within 4 mm was significantly lower in the PCSK9i group (-79.42 vs. -37.60; p=0.006) and fibrous cap thickness was significantly increased in the same population (62.67 μ m vs. 33.19 μ m; p=0.001).¹³ These findings suggest that the early initiation of PCSK9i may be beneficial in secondary prevention not only by reducing lipid serum levels, but also by modifying coronary plaque phenotype.

The ODYSSEY OUTOMES and FOURIER trials demonstrated clinical efficacy and safety of PCSK9i in individuals with a more stable phenotype of atherosclerotic disease, enrolled no sooner than 1 month after ACS.^{11,12} Our systematic review and meta-analysis extend the findings of these clinical trials in lipid endpoints to the more acute setting, early after presentation with ACS (within one week). The EPIC-STEMI trial aimed to evaluate not only the degree of reduction of LDL-C, but also the time interval in which the effects of PCSK9i therapy were seen. Within the first 24 hours after PCI for STEMI, those who received alirocumab experienced a slightly higher rate of reduction in LDL-C (-0.001 mmol/L/h; p=0.032). Ultimately, 92% of the participants in the PCSK9i group reached ESC/EAS recommended LDL-C levels of <55 mg/dL, as opposed to 57% in the placebo group, over a median follow-up of 45 days (p=0.002).²⁰ In our study, 4 trials assessed the number of patients who achieved guideline recommended goals of LDL-C at 4 weeks after ACS;¹⁷⁻²⁰ 91% of patients who underwent PCSK9i therapy achieved mean values of LDL-C <55 mg/dL as compared with only 20% of those who received statin monotherapy (p<0.001).

The target of LDL-C <70 mg/dL was achieved by 96% in the PCSK9i group compared with 44% in the placebo group (p<0.001).

Lp(a) is also a key determinant of atherosclerotic risk.^{23,24} This lipoprotein carries cholesterol, oxidized phospholipids and limits thrombolysis by competing with plasminogen at the fibrin binding site.^{25–27} Patients with elevated levels of Lp(a) also tend to experience great absolute risk reductions from PCSK9i therapy.^{28,29} In patients with stable coronary heart disease, evolocumab reduces Lp(a) levels by 20-30%.²⁸ In the setting of an ACS, there is a significant increase in Lp(a) levels in the placebo group as early as 24 hours after the index event, particularly in those with elevated Lp(a) at baseline.^{30,31} Evolocumab may blunt this increase in Lp(a) during an acute myocardial infarction by inhibiting mature PCSK9.³⁰ In our meta-analysis, PCSK9i lowered Lp(a) levels by approximately 8%; however, Lp(a) increased by 18% in the placebo group (MD -24.0 nmol/L; 95% CI -43.0 to -4.9 nmol/L; p=0.01).

Our study has limitations. First, the individual studies and their pooled results in this meta-analysis are not powered to detect a significant difference in clinical outcomes between groups. EVOLVE-MI (ClinicalTrials.gov: NCT05284747) and AMUNDSEN (ClinicalTrials.gov: NCT04951856) are two ongoing multicenter, open-label, RCTs that aim to evaluate early and long-term effects of evolocumab in patients who present with ACS. Second, only 2 of the included RCTs had a longer follow-up of 52 weeks. And, finally, the absence of patient-level data from most of the studies precluded detailed subgroup analyses, such as exploring the effects in patients who were previously on statin vs. statin-naïve.

In conclusion, in this meta-analysis of RCTs, patients who were treated with PCSK9i therapy within one week of an ACS had lower levels of LDL-C and Lp(a) as compared with statin monotherapy. To the extent that lower levels of these atherogenic lipoproteins are associated with improved clinical outcomes, these findings provide support for early

treatment with PCSK9 inhibitors in patients who present with ACS. Cardiovascular outcome trials are warranted to evaluate clinical endpoints in this patient population.

DISCLOSURES

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FIGURE LEGENDS

Figure 1. PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-analysis) Flow Diagram

Figure 2. Primary Outcomes

Figure 2A. LDL-C was significantly reduced with PCSK9 inhibitor therapy relative to placebo (mg/dL).

Figure 2B. The relative change in LDL-C from baseline was significantly greater with PCSK9 inhibitor therapy relative to placebo (%).

Figure 2C. Lp(a) was significantly reduced with PCSK9 inhibitor therapy relative to placebo (nmol/L).

Figure 3. Secondary Outcomes

Figure 3A. Total cholesterol was significantly reduced with PCSK9 inhibitor therapy relative to placebo (mg/dL).

Figure 3B. Triglycerides were significantly reduced with PCSK9 inhibitor therapy relative to placebo (mg/dL).

Figure 3C. Apo B levels were significantly reduced with PCSK9 inhibitor therapy relative to placebo (mg/dL).

Figure 3D. HDL-C was significantly increased with PCSK9 inhibitor therapy relative to placebo (mg/dL).

Figure 3E. The number of patients who achieved LDL-C <55 mg/dL at 4 weeks was significantly higher in those treated with PCSK9i as compared with placebo.

Figure 3F. The number of patients who achieved LDL-C <70 mg/dL at 4 weeks was

significantly higher in those treated with PCSK9 inhibitors as compared with placebo.

Figure 4. The incidence of any adverse events was not significantly different in those treated with PCSK9 inhibitors as compared with placebo.

	Number of patients, n	PCSK9i, n (%)	Time to first dose of PCSK9i, ± SD	Males, n (%)	Mean age, ± SD (years)	ACS PCSK9i, n (%)	ACS placebo, n (%)	Previous statin treatment, n (%) ^b	HTN, n (%)	DM, n (%) ^c	Previous MI, n (%)	Previous PCI, n (%)	Follow-up (weeks)
EVOPACS 2019	308	Evolocumab: 155 (50.3) Placebo: 153 (49.7)	<72h after NSTE-ACS < 24h after STEMI	Evolocumab: 128 (83) Placebo: 123 (80)	Evolocumab: 60.5 ± 12 Placebo: 61 ± 10.7	NSTE-ACS: 88 (57) STEMI: 67 (43)	NSTE-ACS: 107 (70) STEMI: 46 (30)	Evolocumab: 31 (20) Placebo: 36 (24)	Evolocumab: 79 (51) Placebo: 85 (56)	Evolocumab: 23 (15) Placebo: 24 (16)	Evolocumab: 24 (15) Placebo: 19 (12)	Evolocumab: 25 (16) Placebo: 23 (15)	8
EVACS I 2020	57	Evolocumab: 30 (50) Placebo: 27 (50)	<24h after presentation	Evolocumab: 22 (73) Placebo: 11 (41)	55 ± 13	NSTEMI: 30 (100)	NSTEMI: 27 (100)	34 (60)	NA	NA	NA	NA	4.3
Okada 2020	102	Evolocumab: 52 (51) Placebo: 50 (49)	<24h after PCI	Evolocumab: 43 (82) Placebo: 47 (94)	Evolocumab: 66.4 ± 13.1 Placebo: 63.4 ± 14	NSTEMI: 4 (7.6) STEMI: 48 (92)	NSTEMI: 9 (18) STEMI: 41 (82)	Evolocumab: 14 (26) Placebo: 12 (24)	Evolocumab: 31 (59) Placebo: 33 (66)	Evolocumab: 17 (32) Placebo: 14 (28)	Evolocumab: 1 (1.9) Placebo: 5 (10)	Evolocumab: 4 (7.6) Placebo: 10 (20)	4
PACMAN- AMI 2022	300	Alirocumab: 148 (49.3) Placebo: 152 (50.7)	<24h after PCI	Alirocumab: 124 (83.8) Placebo: 119 (78.3)	Alirocumab: 58.4 ± 10 Placebo: 58.6 ± 9.4	NSTEMI: 70 (47.3) STEMI: 78 (52.7)	NSTEMI: 72 (47.4) STEMI: 80 (52.6)	Alirocumab: 17 (11.5) Placebo: 20 (13.2)	Alirocumab: 60 (40.5) Placebo: 70 (46.1)	Alirocumab: 12 (8.1) Placebo: 19 (12.5)	Alirocumab: 2 (1.4) Placebo: 5 (3.3)	Alirocumab: 2 (1.2) Placebo: 5 (3.3)	52
EPIC- STEMI 2022	68	Alirocumab: 38 (55.9) Placebo: 30 (44.1)	Prior to PCI. Time from symptom onset to PCI: 3.65h ± 2.25	Alirocumab: 27 (71) Placebo: 28 (93.3)	Alirocumab: 61.4 ± 11 Placebo: 63.6 ± 10.4	STEMI: 38 (100)	STEMI: 30 (100)	Alirocumab: 8 (21) Placebo: 8 (26.7)	NA	Alirocumab: 5 (13.16) Placebo: 1 (3.33)	Alirocumab: 3 (7.9) Placebo: 3 (10)	NA	12
HUYGENS 2022	161	Evolocumab: 80 (49.7) Placebo: 81 (51.3)	6.5 days ^a	Evolocumab: 60 (75) Placebo: 55 (67.9)	Evolocumab: 60.9 ± 10.0 Placebo: 60.2 ± 9.2	NSTEMI: 80 (100)	NSTEMI: 81 (100)	Evolocumab: 75 (93.8) Placebo: 78 (96.3)	Evolocumab: 45 (56.3) Placebo: 33 (40.7)	Evolocumab: 13 (16.3) Placebo: 14 (17.3)	Evolocumab: 5 (6.3) Placebo: 9 (11.1)	Evolocumab: 9 (11.3) Placebo: 12 (14.8)	52

^aMean time from NSTEMI to baseline imaging was 2.3 days. Mean time from baseline imaging to randomization was 4.2 days;
^bLow/moderate and high intensity statin;
^cPatients with and without insulin treatment;
ACS = acute coronary syndrome;
DM = diabetes mellitus;
HTN = hypertension;
MI = myocardial infarction;
n = number of patients;
NA = not available;
NSTE-ACS = non-ST-segment elevation acute coronary syndrome;
NSTEMI = non-ST-segment-elevation myocardial infarction;
PCI = percutaneous coronary intervention;
PCSK9i = proprotein convertase subtilisin/kexin type 9 inhibitor;
STEMI = ST-segment-elevation myocardial infarction.

FIGURES

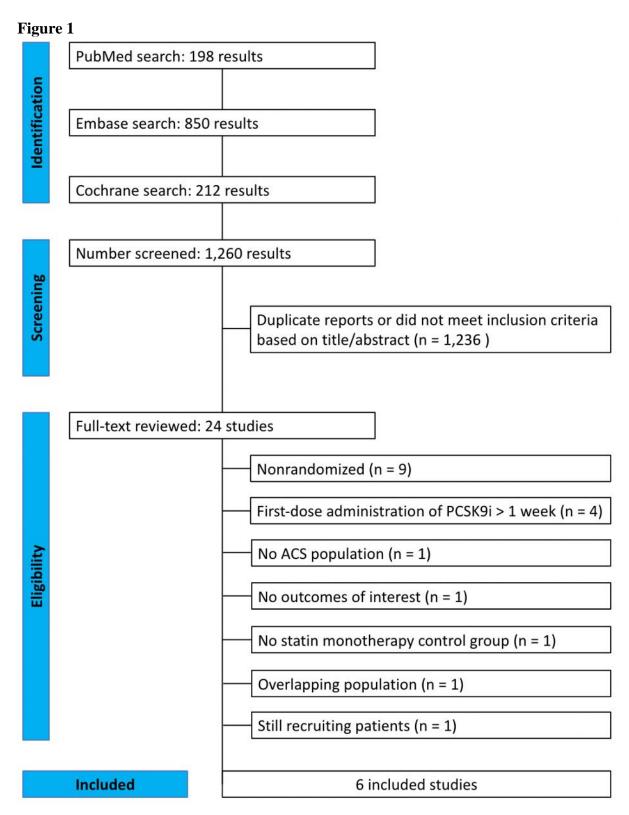


Figure 2 2A

	Р	CSK9i		Р	lacebo			Mean Difference			Mean D	ifference	
Study or Subgroup	Mean	SD	Tota	Mean	SD	Tota	Weight	IV, Random, 95% CI	Year		IV, Rando	m, 95% Cl	
EVOPACS 2019	30.5	17.8	141	79.7	24.4	149	18.1%	-49.20 [-54.10, -44.30]	2019				
EVACS I 2020	35.9	24	30	64.5	27	27	14.3%	-28.60 [-41.92, -15.28]	2020	_	_		
Okada 2020	27.3	13.4	49	79.8	23.2	49	17.2%	-52.50 [-60.00, -45.00]	2020	_			
EPIC-STEMI 2022	29	17.8	38	50.3	17.4	30	16.8%	-21.30 [-29.71, -12.89]	2022		_		
HUYGENS 2022	28.1	25.4	80	87.2	36.5	81	16.2%	-59.10 [-68.80, -49.40]	2022				
PACMAN-AMI 2022	23.6	23.8	126	74.4	30.5	132	17.5%	-50.80 [-57.46, -44.14]	2022				
Total (95% CI)			464			468	100.0%	-44.02 [-54.27, -33.77]		-	-		
Heterogeneity: Tau ² = Test for overall effect					5 (P <	0.000	01); I ² =	91%		-50 Fav	-25 vors PCSK9i	0 25 5 Favors Placebo	50

2B

	P	CSK9i		Pİ	acebo			Mean Difference		Mean Diffe	erence	
Study or Subgroup	Mean	SD	Tota	Mean	SD	Total	Weight	IV, Random, 95% CI	Year	IV, Random,	95% CI	
EVOPACS 2019	-77.1	15.8	132	-35.4	26.6	145	40.4%	-41.70 [-46.80, -36.60]	2019			
Okada 2020	-76.1	12.7	49	-33.1	22	49	35.4%	-43.00 [-50.11, -35.89]	2020			
EPIC-STEMI 2022	-72.9	17.5	38	-48.1	29.5	30	24.2%	-24.80 [-36.73, -12.87]	2022			
Total (95% CI)			219			224	100.0%	-38.07 [-46.46, -29.67]		•		
Heterogeneity: Tau ² =	38.68;	Chi ² =	7.32,	df = 2 (P = 0.	03); I ² =	= 73%			-50 -25 0	25	50
Test for overall effect:	Z = 8.8	9 (P <	0.000	01)						Favors PCSK9i Fa		50

2C

	P	CSK9i		P	lacebo			Mean Difference		Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	Year	IV, Random, 95% CI
EVOPACS 2019	69.8	97.2	141	68.4	90.8	150	24.0%	1.40 [-20.25, 23.05]	2019	
Okada 2020 (1)	85.1	43.3	49	122	37.2	49	27.9%	-36.90 [-52.88, -20.92]	2020	
EVACS I 2020	85	96	30	154	144.5	27	7.0%	-69.00 [-133.43, -4.57]	2020 .	
HUYGENS 2022	84.5	91.2	80	95.1	106.5	81	18.3%	-10.60 [-41.22, 20.02]	2022	
PACMAN-AMI 2022 (1)	58	86.9	126	89.7	103.9	132	22.8%	-31.70 [-55.03, -8.37]	2022	
Total (95% CI)			426			439	100.0%	-23.95 [-42.98, -4.93]		•
Heterogeneity: Tau ² = 2	70.90; 0	:hi ² =	10.80,	df = 4	P = 0.0	3); I ² =	63%		-	-100 -50 0 50 100
Test for overall effect: Z	= 2.47 ((P = 0)	01)							Favors PCSK9i Favors Placebo
Footnotes										
(1) Lp(a), nmol/L=2.18×	Lp(a), m	ng/dL–	3.83							

Figure 3 3A

	P	CSK9i		PI	acebo			Mean Difference			Mean Di	ifference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	Year		IV, Rando	m, 95% Cl
EVOPACS 2019	100	25.5	141	150.2	30.1	150	22.3%	-50.20 [-56.60, -43.80]	2019			
Okada 2020	91.2	19.8	49	145.1	28.8	49	19.8%	-53.90 [-63.69, -44.11]	2020			
HUYGENS 2022	98.9	30.9	80	159.7	43.6	81	18.3%	-60.80 [-72.46, -49.14]	2022			
EPIC-STEMI 2022	85.7	25.1	38	109.6	25.1	30	18.0%	-23.90 [-35.92, -11.88]	2022		_	
PACMAN-AMI 2022	84.3	27.6	126	139.2	33.4	132	21.6%	-54.90 [-62.36, -47.44]	2022			
Total (95% CI)			434			442	100.0%	-49.15 [-58.96, -39.34]		•		
Heterogeneity: Tau ² =	101.66	5; Chi²	= 23.6	3, df =	4 (P <	0.000	1); $I^2 = 83$	3%		-50	-25 (
Test for overall effect:	Z = 9.8	32 (P <	0.000	01)						50		Favors Placebo

3B

	P	CSK9i		Pl	acebo			Mean Difference		Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	Year	IV, Random, 95% CI
EVOPACS 2019	117.8	63.8	141	127.5	65.5	150	32.8%	-9.70 [-24.56, 5.16]	2019	
Okada 2020	116.6	52.7	49	131.1	61.2	49	18.1%	-14.50 [-37.11, 8.11]	2020	
HUYGENS 2022	114.8	84.9	80	133.5	57.5	81	18.3%	-18.70 [-41.13, 3.73]	2022	
PACMAN-AMI 2022	94.2	47	126	126	77.9	132	30.8%	-31.80 [-47.42, -16.18]	2022	
Total (95% CI)			396			412	100.0%	-19.02 [-29.86, -8.18]		-
Heterogeneity: Tau ² =	= 35.85;	Chi ² =	4.24,	df = 3 (I	P = 0.2	24); I ² =	= 29%			-50 -25 0 25 50
Test for overall effect:	Z = 3.4	4 (P =	0.000	5)						Favors PCSK9i Favors Placebo

3C

	Р	CSK9i		Pl	acebo			Mean Difference			Mean Diff	erence
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	Year		IV, Random	, 95% CI
EVOPACS 2019	41	17	141	76	20	150	20.4%	-35.00 [-39.26, -30.74]	2019			
Okada 2020	34.1	12	49	75.2	15.8	49	20.0%	-41.10 [-46.66, -35.54]	2020	_		
EPIC-STEMI 2022	40	11	38	49	13	30	19.9%	-9.00 [-14.82, -3.18]	2022			
HUYGENS 2022	38.8	22	80	79.6	23.1	81	19.4%	-40.80 [-47.77, -33.83]	2022	_		
PACMAN-AMI 2022	32.3	18.6	126	72.6	20.7	132	20.2%	-40.30 [-45.10, -35.50]	2022			
Total (95% CI)			434			442	100.0%	-33.25 [-44.42, -22.08]			-	
Heterogeneity: Tau ² = Test for overall effect:					4 (P <	0.000	01); l ² =	95%			-20 -10 0 vors PCSK9i F	10 20 Favors Placebo

3D

	P	CSK9i		Pl	acebo			Mean Difference		Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% CI	Year	IV, Fixed, 95% CI
EVOPACS 2019	46.4	12.8	141	45.6	12.4	150	32.3%	0.80 [-2.10, 3.70]	2019	
Okada 2020	44.8	11.5	49	42.2	9.7	49	15.3%	2.60 [-1.61, 6.81]	2020	
PACMAN-AMI 2022	48.3	11.2	126	45	11.6	132	35.1%	3.30 [0.52, 6.08]	2022	
HUYGENS 2022	51.2	13.2	80	47.1	12.4	81	17.3%	4.10 [0.14, 8.06]	2022	
Total (95% CI)			396			412	100.0%	2.52 [0.88, 4.17]		
Heterogeneity: $Chi^2 = 1$	2.27, d	f = 3 (P = 0.5	$(2); I^2 =$	0%					
Test for overall effect:	7 = 3.0	0 (P -	0.003)						-4 -2 U 2 4 Favors Placebo Favors PCSK9i

3E

	PCSK	9i	Place	bo		Odds Ratio		Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	Year	M-H, Random, 95% CI
EVOPACS 2019 (1)	127	141	16	149	29.2%	75.41 [35.36, 160.82]	2019	·
EVACS I 2020	26	30	11	27	24.8%	9.45 [2.57, 34.79]	2020)
Okada 2020	47	49	6	49	21.8%	168.42 [32.25, 879.48]	2020	
EPIC-STEMI 2022 (2)	35	38	17	30	24.1%	8.92 [2.24, 35.56]	2022	· · · · · · · · · · · · · · · · · · ·
Total (95% CI)		258		255	100.0%	32.05 [8.19, 125.40]		-
Total events	235		50					
Heterogeneity: Tau ² =	1.51; Chi	$^{2} = 14$	85, df =	3 (P =	0.002); 1	$^{2} = 80\%$		0.001 0.1 1 10 1000
Test for overall effect:	Z = 4.98	(P < 0.	00001)					Favors Control Favors PCSK9i
Footnotes								
(1) 8 weeks								

(2) \leq 55 mg/dL; Median follow-up of 45 days

3F

	PCSK	.9i	Place	bo		Odds Ratio		Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	Year	M–H, Random, 95% Cl
EVOPACS 2019 (1)	135	141	56	149	32.4%	37.37 [15.46, 90.30]	2019	
EVACS I 2020	28	30	19	27	25.8%	5.89 [1.13, 30.86]	2020	
Okada 2020	49	49	13	49	16.6%	267.67 [15.41, 4649.98]	2020	│ • • •
EPIC-STEMI 2022 (2)	36	38	25	30	25.3%	3.60 [0.65, 20.05]	2022	
Total (95% CI)		258		255	100.0%	17.80 [3.66, 86.51]		-
Total events	248		113					
Heterogeneity: Tau ² =	1.81; Chi	$i^2 = 11.$.37, df =	3 (P =	0.010); I	² = 74%		0.001 0.1 1 10 1000
Test for overall effect:	Z = 3.57	(P = 0.	0004)					Favors Control Favors PCSK9i
<u>Footnotes</u>								
(1) 8 weeks								
(2) ≤70 mg/dL; Media	n follow-u	up of 45	5 days					

Figure 4

	PCSK	9i	Place	bo		Odds Ratio		Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	Year	M–H, Fixed, 95% Cl
EVOPACS 2019	78	155	77	152	36.7%	0.99 [0.63, 1.54]	2019	
EVACS I 2020	10	30	12	27	8.0%	0.63 [0.21, 1.83]	2020	
Okada 2020	19	49	23	49	13.4%	0.72 [0.32, 1.60]	2020	
HUYGENS 2022	5	80	11	81	9.7%	0.42 [0.14, 1.28]	2022	
PACMAN-AMI 2022	104	147	110	151	30.2%	0.90 [0.54, 1.49]	2022	
EPIC-STEMI 2022	4	38	2	30	1.9%	1.65 [0.28, 9.67]	2022	
Total (95% CI)		499		490	100.0%	0.85 [0.64, 1.13]		-
Total events	220		235					
Heterogeneity: Chi ² =	3.02, df	= 5 (P	= 0.70);	$I^2 = 0\%$	6			
Test for overall effect:	Z = 1.10	(P = 0)	.27)					0.2 0.5 1 2 5 Favors Placebo Favors PCSK9i

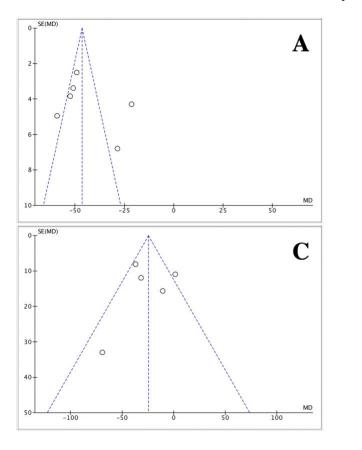
APÊNDICE

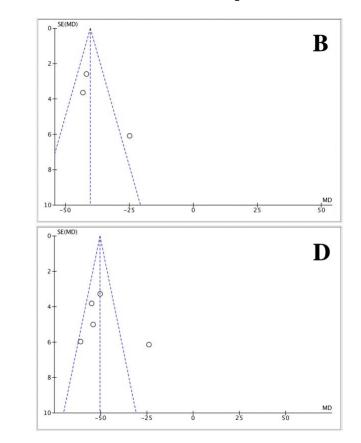
eTable 1. Risk of bias summary for randomized studies (RoB 2).

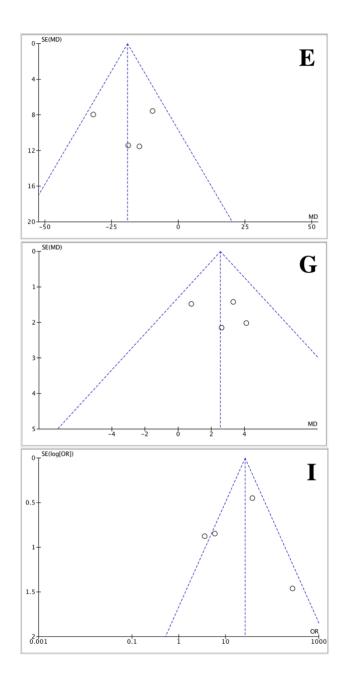
Study	Bias arising from the randomization process	Bias due to deviations from intended interventions	Bias due to missing outcome data	Bias in measurement of the outcome	Bias in selection of the reported result	Overall risk of bias
EVOPACS, 2019	Low	Low	Low	Low	Low	Low
EVACS I, 2020	Low	Low	Some concerns ^a	Some concerns ^a	Low	Some concerns
Okada, 2022	Low	High	Low	Low	Low	High
PACMAN-AMI, 2022	Low	Low	Low	Low	Low	Low
EPIC-STEMI, 2022	Low	Low	Low	Low	Low	Low
HUYGENS, 2022	Low	Low	Low	Some concerns	Low	Some concerns

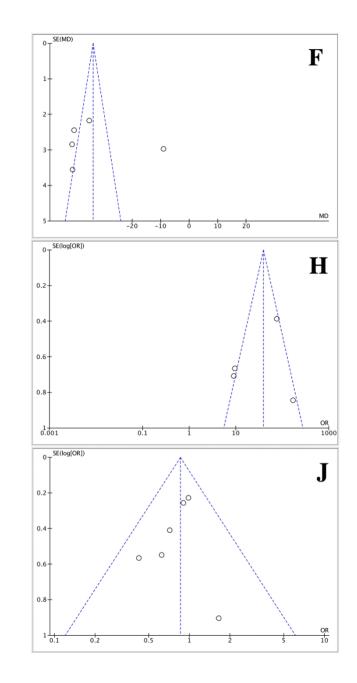
^a No published information available

eFigure 1. Funnel plots for LDL-C levels at follow-up (1A), % change of LDL-C from baseline (1B), Lp(a) levels at follow-up (1C), total cholesterol levels at follow-up (1D), triglycerides levels at follow-up (1E), Apo B levels at follow-up (1F), HDL-C levels at follow-up (1G), number of participants with LDL-C <55 mg/dL at 4 weeks (1H), and number of participants with LDL-C <70 mg/dL at 4 weeks (1I) and adverse events of any cause (1J) showed no definitive evidence of publication bias.









ANEXO 1: Normas de publicação da revista American Journal of Cardiology

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Reporting sex- and gender-based analyses

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Definitions

Sex generally refers to a set of biological attributes that are associated with physical and physiological features (e.g., chromosomal genotype, hormonal levels, internal and external anatomy). A binary sex categorization (male/female) is usually designated at birth ("sex assigned at birth"), most often based solely on the visible external anatomy of a newborn. Gender generally refers to socially constructed roles, behaviors, and identities of women, men

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